



Saint Isabella Church & School

One Trinity Way, P.O. Box 6166, San Rafael, California 94903

and our Pastoral Mission at Most Holy Rosary Chapel:
One Saint Vincent's Drive, Marinwood, California



Fourth Sunday in Ordinary Time

February 1, 2026

Blessed are the peacemakers, for they will be called children of God.

Pastoral Team

Rev. Cyril O'Sullivan, Pastor

**Rev. Raphael L. Laizer, Parochial Vicar,
Hospital Chaplain**

**Rev. Mr. Christopher Major, Deacon,
Marriage Preparation**

Mr. Rob Pheatt, School Principal

Mrs. Lynn Pieri Young, Music

Mrs. Ginny Pheatt, Office

Mrs. Nahed Naser, Finance

Mr. Frank Lavin, Baptismal Preparation

Rev. Cyril O'Sullivan, O.C.I.A.

Rev. Raphael Laizer, P.S.R.

Schedule of Services

Eucharist at St. Isabella's Church

Saturday evenings: 5:00 p.m.

Sundays: 9:00 a.m.

Daily Mass: 8:30 a.m. (Mondays – Saturdays)

Reconciliation at St. Isabella's Church

Saturdays, 4:00 - 4:45 p.m.

or by appointment, call 415-479-1560

Rosary/Prayer Group at St. Isabella's

Mondays: 5 p.m.

Mondays—Saturdays: Rosary 7:30 a.m.

Services at Most Holy Rosary Chapel

(located at One Saint Vincent's Drive, Marinwood)

Website: www.tlmsf.org

Infant Baptism Expectant or new parents should contact the rectory at least two months before the desired date of baptism to complete a session of baptismal instruction.

Matrimony Engaged couples should contact the rectory *at least six months before the desired wedding date.*

Requests for weddings or baptisms at Most Holy Rosary Chapel must be arranged by contacting St. Isabella's Parish.

Christian Initiation (O.C.I.A.) Formation provided for adults and children, non-baptized, baptized in another tradition, and baptized Catholics seeking to complete the sacraments of Confirmation and the Eucharist. For more information about the O.C.I.A. program, please call the church office at 415-479-1560

Rectory / Parish Office 415-479-1560

479-1560 ext.21

415-741-7408

415-479-3727

Parish School of Religion psr@stisbellasparish.org

707-763-3965

Music (Lynn Pieri Young) 415-479-1560

415-454-0366

Parish Council/Liturgy Committee 415-479-1560

415-479-1560

St. Vincent de Paul Help Line 415-479-1560

415-479-1560

St. Isabella CYO Basketball www.sicyo.com

415-479-8303

Fax: Parish 415-479-9961

415-479-9961

Email: Parish office@stisbellasparish.org

rpheatt@stisbellaschool.org

Website: Parish www.stisbellasparish.org

www.stisbellaschool.org

Welcome to all who celebrate with us, both long-time residents or those newly arrived in the parish. You may register through our website: www.stisbellasparish.org, or fill out this form and put it into the collection basket or mail it to the rectory. Thank You!



| | |
|------------------------------|----------------|
| New parishioner | Name: _____ |
| New address or phone | Address: _____ |
| Moving, remove from list | e-Mail: _____ |
| Please send Sunday envelopes | Phone: _____ |



Fourth Sunday in Ordinary Time

Matthew 5 : 1 - 12



People ask, how can I be happy, what is the way to happiness; and Jesus answer is the Beatitudes, living the Beatitudes is the path to happiness. So in his words, have a merciful spirit, have a clean spirit, have a humble spirit, have a poor spirit (another words, a need for the Holy Spirit), have an honest spirit (righteousness), have a hopeful spirit, have a faith spirit, have a joyful spirit, and have a peaceful spirit. Having this spirituality living in your being is what makes people truly happy.



Pope Leo XIV

Pope Leo XIV on Catholic Education

1. Urges teachers to focus on spirituality as much as academic grades
2. Catholic teachers must be models of the faith entrusted to them in Catholic schools
3. Parents are the primary teachers. The school is there to support them
4. Catholic education is measured in its capacity to serve

Social Justice

People tend to think Catholic social teaching is on relation to social justice. But that may not be correct. The Gospels call beyond justice issues is to love God and love your neighbor. That is the call. Many of these times has nothing to do with justice, just to love each other as brothers and sisters.

Fr. Cathal Gallagher Pilgrim Story

You can never predict one's life story. Born in Northern Ireland County Fermanagh, it seemed Fr. Cathal Gallagher picked off all the "P's" in his life. He joined the police force in Ireland. Then he entered the priesthood. Next he became a psychotherapist, lastly ministered in Peru. He died in Peru 11/2023. Rest in peace, Padre, a pacifist.

Today, February 1st,
St. Brigid Feast Day.
St. Brigid is the patron saint of Ireland, along with St. Patrick and St. Columba. Irish tradition — St. Brigid cross hung over doors to protect the home. A symbol of peace and goodwill.



David Henry Thoreau

David Thoreau (Naturalist) view of the Gospels, 1840. Some do not consider Thoreau a Christian. He did not call himself one either, but he revered the Gospels.

1. Remarkable for its pure morality
2. A substratum of good sense
3. Its object is to awaken conscience.

A pity he said so few read or about the Gospels.



Liturgical Music

Sacred music has been part of the Judeo-Christian faith for thousands of years. It is in our stories, hymns of history, and in the prayers of the Church. Participating in music (choirs) is also a way to get to know your parish. The parish is always open to new members.

Yours in Fraternity,
Fr. Cyril O'Sullivan



Upcoming Events

2/1 (Sun) ... Pancake Breakfast, after Mass (parish center)
 2/3 (Tue) ... St. Blaise's - Blessing of the throat at 8:30 a.m. Mass
 2/5 (Thur) ... Parish Council
 2/18 (Wed) ... Ash Wednesday (Lent)
 3/1 (Sun) ... Pancake Breakfast
 3/1 (Sun) ... MIAC St. Pat's Family Potluck
 3/8 (Sun) ... Daylight Saving

"We are not human beings on a spiritual journey but rather a spiritual beings on a human journey."





Weekly Offering & Stewardship

Collections January 24 – 25, 2026

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|---------------------------------|--------------------|
| Offertory | \$ 4,611.76 |
| Parish Maintenance (Restricted) | \$ 110.00 |
| Votive Candle Fund | \$ 383.01 |
| Masses & Religious Ceremonies | \$ 870.00 |
| Total for Parish | <u>\$ 5,974.77</u> |

Thank you for your generous gifts
May God reward your generosity!

Pancake Breakfast



The St. Isabella's Men's Club will be hosting a **Pancake Breakfast** today, Sunday 2/1, after the 9AM Mass. Please join your fellow parishioners in the Parish Center.



Tuesday 2/3 is the **Feast of St. Blaise**. **Blessing of the throat** will take place during the 8:30 AM Mass. Special arrangements also may be made by calling the rectory.



Masses for **Ash Wednesday**, February 18 are **8:30 AM, 12 noon, and 7:00 PM**

Rosary Prayer Group

Weekdays Monday -Saturday

7:30 am ... Rosary/Divine Mercy Chaplet
8:00 am ... Liturgy of the Hours
8:30 am ... Mass

Tue, Thur. Fri & Sat

7:20 am ... Exposition

Mondays —5PM Exposition of the Blessed Sacrament followed by the Holy Rosary & Divine Mercy Chaplet. Everyone is welcome.



Please pray for
Fr. Ray Reyes
Fr. Francis Garbo
Speedy Recovery



MASS INTENTIONS:

January 31 – February 7, 2026

| | | | |
|-----------|------|---------------|------------------------------|
| Saturday | 1/31 | ... 5 p.m. | James Egide+ |
| Sunday | 2/1 | ... 9 a.m. | Jackie McConnell+ |
| Monday | 2/2 | ... 8:30 a.m. | Jim Radetich+ |
| Tuesday | 2/3 | ... 8:30 a.m. | Jacob Jones |
| Wednesday | 2/4 | ... 8:30 a.m. | Parishioners of St. Isabella |
| Thursday | 2/5 | ... 8:30 a.m. | Fr. Neil Healy+ |
| Friday | 2/6 | ... 8:30 a.m. | Daniel Edwards+ |
| Saturday | 2/7 | ... 8:30 a.m. | † |



LET US REMEMBER IN OUR PRAYERS...

A Time for Healing, for those who are sick, that they experience strength in the Lord's compassion: Judy Rosenbloom, Matthew Millsap, Sue Egisti, Bob Egisti, Jeanne Althuizen, Valerie Bortoli, Louise Rapoport, John Antonio IV, Colleen Skinner, Ken Valente, Special Prayers for STL, John Davis, Nena Lindquist, Bob Casper, Jacob Jones, Anna Ahern, Lynn Pieri-Young, Lon Sykes, Ann Sykes, Bob Arzave, Ken Vincent, Amelia Johanson, Mike Boland, **Fr. Ray Reyes**

A Time for Sorrow, for those who live forever with Christ:

Dcn. Jim Myers, Barbara Lee, Bishop Ayo-Maria Atoyebi, OP, George Roach, Mark Mullan, Steve Volk, James Wright, Kathleen Reilly, Jack O'Toole, Dan Keegan, Dorothy Ratto, Claudia Reimer, Phil Rapoport, Mary McCaffrey, Gregory Fissel, Joyce Bullentini, Russell Lease, Karen Arzave, Anthony Bosque, Barbara Landesman, Andres Dypoco Amil Sr., Leda Sanford, Patricia Kendall, Tom Crawford, Helen George, Jean Daramy, Christina (Bottarini) Reavis, Patrick Peters, Margaret Louise Schmidt, Pat Beigel, Fr. Neil Healy, Pat Clark, Marilyn Swieconek

To have your loved one added to (or removed from) the weekly Mass Intentions or our Parish Bulletin prayer list, please call the rectory at 415-479-1560, or email: office@stisabellasparish.org

Catholic Health Care Ethics Conference

Health care professionals are invited to the fifth Converging Roads health care ethics conference on **February 21 from 9:45AM - 6:15PM** at St. Patrick's Seminary & University in Menlo Park, CA. This one day conference will explore the theme of The Future of Human Flourishing in medicine. Registration and for more information please visit convergingroads.com/sanfrancisco or email nancy@forlifeandfamily.org

Retrouvaille Weekend

Struggling in your marriage? The Retrouvaille program has helped 1000's of couples. For confidential information about, or to register for the program on **2/20 to 2/22**, call 415-893-1005 or email SF@RetroCA.com

Events in the Archdiocese

St. Rita Lenten Lecture Series: "Are you listening?" The Parables of Jesus Christ. 5 Wednesdays 2/25-3/25. Soup supper 5:15 p.m. Lecture 6 p.m. For more info, contact 415-456-4815 | saintritafairfax@att.net

Online Rosary to Combat Human Trafficking, 2/6, <https://sfarch.org/event/rosey-against-trafficking/> Info: 415-614-5533 | martinezmontm@sfarch.org

Personalize St. Valentine Cards & Prepare Treats for Incarcerated, 2/6, 9:30 am-4 pm, 1 Peter Yorke Way, SF. Contact: 415-614-5572 | escobari@sfarch.org

Wedding Anniversary Mass, 2/21/2026, 10 a.m. St. Mary Cathedral. www.sfarch.org/anniversarymass

St. Isabella Catholic School Admissions



SAINT ISABELLA SCHOOL
EDUCATING TOMORROW'S LEADERS

Come explore your Parish Catholic School and discover the difference a Catholic education can make for your child and your family. We provide a complete educational program built on strong core academics with faith formation and prayer woven into the students' daily school experience. Our kindergarten through eighth grade faculty includes specialists in science, Spanish, music, physical education, and technology. Our Extended Day program is nurturing, reasonably priced, and available on a drop-in basis.

Admission tours are held Monday and Friday mornings at 8:45 by appointment. Arrangements can be made if these times cannot fit your schedule. We're anxious to answer your questions about the application process for all grades.

You are encouraged to call the office, 415-479-3727 and set an appointment or contact Principal, Rob Pheatt. e-mail: rpheatt@stisabellaschool.org